



‘THIS GIRL CAN’ & THE DARTMOOR WAY

APPLICATION FORM TO PARTICIPATE IN OUR INITIATIVE TO GIVE WOMEN BASIC OUTDOOR SKILLS TO ENABLE THEM TO WALK IN THE COUNTRYSIDE WITH CONFIDENCE

[This Girl Can](#) is run by Sport England as a way of getting women into the outdoors improving their fitness and confidence. We will be using sections of the newly created Dartmoor Way long distance footpath that circles Dartmoor as the basis for delivering this.

This is a pilot project, places are limited and there will be a selection process with a ballot if we are oversubscribed.

We are aiming to recruit **women** who would like to be able to take themselves and others out into the countryside on walks by giving them basic navigation and countryside skills. **This opportunity is for those with no or very little experience of map reading.**

This training and instruction is being offered free of charge.

We are fortunate to have enlisted the help of Fi and Lucy, the [Two Blondes Walking](#) to run our courses.



Lucy and Fi have been writing their daily outdoor blog [Two Blondes Walking](#) since 2012, and their tales about fresh air adventures, camping mishaps and humorous outdoor incidents have led to a loyal following. Experienced Duke of Edinburgh’s Awards and Ten Tors Challenge expedition leaders, Lucy and Fi also run navigation and wild camping workshops for adults on Dartmoor and further afield. They are Ordnance Survey Get Outside Champions and love nothing better than helping other people step out of their comfort zone and explore the great outdoors

Fi and Lucy from will lead you on a day of outdoor training followed by a half-day refresher. We will be encouraging participants to practise their new skills between these days. You will be in groups of around six.

Course dates and times

The dates listed are for the training day and refresher half day and are in July. Whilst we cannot guarantee a chosen date, It would be helpful if you could indicate your first and second preferences by entering a 1 or 2 underneath the chosen dates.

Training Days dates and times: Meet at 09:45 to start at 10:00. Back no later than 16:00.

Sun July 11 Mon July 12 Tues July 13 Wed July 14 Thurs July 15 Fri July 16 Sat July 17

Refresher half day dates and times:

Mon July 19 10.00-12.30 Mon July 19 13.30-16.00 Tues July 20 10:00-12:30 Tues July 20 13.30-16.00

Fri July 23 10.00-12.30 Fri July 23 13.30-16.00 Sat July 24 10.00-12.30

Our chosen meeting point will be the Riverside Car Park in Bovey Tracey where plentiful parking and toilets are available. Bovey Tracey has good public transport links.

Please don't let concerns about having the right equipment or clothing put you off applying. We will send a kit list to successful participants but also have some spare kit available for loan.

We will provide maps & compasses.

NAME:

ADDRESS:

CONTACT NUMBERS:

EMAIL ADDRESS:

Which of the following best describes you?

1. I haven't got any experience of walking in the countryside.
2. I have walked in the countryside but not used a map.
3. I have some experience of using a map in the countryside.
4. I have used a map and led other people in the countryside.

What do you hope to achieve once you've completed this course?

Please let us know if you have additional access requirements.

Unfortunately, we cannot allow dogs to be brought along on the course.

Any information disclosed here will not be used for any other purpose apart from participating on the 'This Girl Can' course nor will it be disclosed to any other third party.

Please email this completed form back to the Dartmoor Way at thisgirlcan@dartmoorway.co.uk. If preferred, the application form can be posted back to; Dartmoor Way CIC, 8 St Marys Drive, Brixham, Devon, TQ5 9FB

The closing date for applications is May 17 & we aim to let candidates know about their application by June 11.

The same email address can be used if you have any questions.

With kind regards,

Michael Owen

Dartmoor Way Project Manager



circle the moor on foot or bike

The Dartmoor Way CIC (registered number 8929127)



A Ramblers / DINPA Project

